

What would it be like for you to live in constant pain? Would your life look any different? How would you cope with the pain? These may not be questions that you have ever had to think about, but they are questions that I live with.

This piece is about the cyclical nature of addiction and pain. The imagery I used is simple and easy to understand, to reach a wide audience, while also having a deep and personal connection to me. This piece is important to me because I have had constant chronic abdominal pain for years and have had to learn how to cope with it. Coping in a healthy way has always been a struggle for me. While there are both healthy and unhealthy coping mechanisms, unhealthy coping can be categorized as addiction. These addictions cause users to feel numb and lose interest in their own lives. This work shows how prevalent addictions are in our society today while trying not to romanticize addiction.

These artworks show different images based on where the viewer stands, so it is recommended that the viewer walks around to see the pieces from all angles.

FEELING NUMB

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