

Eli D.

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Memories

Gouache, canvas

My final project titled "memory's" was based on research into the effect of nostalgia on actions and thoughts later in life. I learned how nostalgia pulls from the memory storing parts of your brain while also activating your brain's reward system, as your brain craves nostalgic feelings and memories. The more I researched the more invested I became in my own nostalgic memories and feelings. I connected my piece to my research by creating a series of paintings based on fond memories that evoke nostalgic feelings for me, a pool party, a hike behind my house, a camping trip, all moments in my life that my brain likes to look back on and crave. For these series of 6 paintings I used gouache and very bright colors in blocks and large shapes to help me convey the bright memories in a dreamy way that I so fondly look back on.