

What is mentally unwell? I've asked that question to myself a lot and have talked about it with many people. I've come to the conclusion that its different for everyone. Everyone has their own mental space and how they feel.

When I researched, I searched up how to animate or how to create a web comic as well. That's what I intentionally was going to create. When I decided to do this piece, I did some research in my free time to get some inspiration. The reason why I picked to do this type of artwork is because I wanted to try something new. Most of the art I do isn't emotional, but more technical. I took a lot of inspiration from Shawn Coss who does a lot of art on mental health. It was helpful to me because I was able to put what I was feeling in my mind onto paper. I chose to do mixed media because I felt it best describes my mind. A mess of different things.

So originally I was going to create a web comic, but then halfway through I didn't feel like doing it anymore and had some troubles with the layout, so instead I chose to change my project entirely and do this. It was originally going to be a painting but I didn't have enough time. There is probably a variety of questions that can be asked, or many interpretations of what it could be. That's why I've decided to not give a definite answer as to what my artwork is and let you, the viewer, interpret this piece however you would like.

**U better wake up!**

Grey B.